

2021 Alberta Healthy Communities Symposium overview

We believe communities are strongest when they come together.

This year's theme was **Discover. Explore. Inspire. Your Community Wellness Journey.** The goal was to build skills and knowledge, identify community strengths and needs and inspire new approaches that create community wide change. The symposium also aimed to build awareness of community actions that support and advance equity, inclusion, and diversity, while demonstrating an ongoing commitment to reconciliation and collaboration with Indigenous communities.

Participants rated TOP LIVE SESSIONS

4.5/5*



- *The Road to Wellness Fueled by Inclusion*
- *Design Thinking for Community Engagement*
- *Pre-symposium: Grandmother's Circle*

Participants rated TOP RECORDED SESSIONS

4/5*



- *Reconciliation Pop-up*
- *Smudge Teaching*



169 REGISTRANTS

97 attended a session



87% OF PARTICIPANTS SAID
the symposium met or exceeded their expectations[†]



74% OF PARTICIPANTS WERE
very satisfied or satisfied



83% OF PARTICIPANTS WOULD
likely recommend the symposium to others[‡]

PARTICIPANTS DESCRIBED SESSIONS AS

- *Engaging, practical and relatable*
- *Idea-generating and inspiring*
- *Providing great content and opportunities to network*

TOP LEARNING THEMES

- *Inspiration for other communities*
- *Relationship-building skills*
- *Defining project purpose*
- *Community engagement*

Join Communities ChooseWell for the 2022 Alberta Healthy Communities Symposium.

^{*}Session averages. [†]Based on the number of participants who completed survey (n=31). [‡]8.3 Average Net Promoter Score (n=31), www.questionpro.com/blog/net-promoter-score-calculation.